

STAYING THE COURSE WHILE CLEARING THE HURDLES: an insider's perspective of long-term recovery

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Our Values

- Respect and Integrity**
We Honor All People
- Teamwork and Collaboration**
We Are Better Together
- Excellence and Innovation**
We Aim To Advance
- Diversity and Inclusion**
We Value Each Other

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1

NO CONFLICT OF INTEREST

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2

Learning objectives

- Describe the relationship between health literacy and health outcomes.
- Identify the impact multidisciplinary and inter-professional collaboration can have on the patient experience and health outcomes.
- List 3 key elements of a functional recovery continuum
- Appreciate the value of establishing and maintaining quality patient relationships, and the impact they can have on the patient experience

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3

3

Impact of critical illness/injury

- > 5 million ICU admissions annually * (SCCM 2020)
- Estimated ICU LOS = 3.8 days * (SCCM 2020)
- Estimated 2010 ICU costs = \$4300/day *
 - 61% increase since 2000 (SCCM 2020)
- 2000 – 2010: annual CCM costs increased 92%
 - 2000 = \$56.6 billion
 - 2010 = \$108 billion.
- Medical bills are reported to be #1 cause of U.S. bankruptcies (Amadeo, 2019)
 - 2001: 1.9-2.2 million Americans (filers plus dependents) experienced medical bankruptcy (Himmel, Warren, Thorne, et al, 2001)
 - 2001: Average out of pocket expenses: \$11,854
 - 76% had insurance at onset of illness/injury

* In the United States

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Health Recovery Continuum

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Patient & Family Learning Readiness/Retention in Acute Care Settings

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Health Literacy: The degree to which individuals have the capacity to obtain, process, and understand basic health information and services needed to make appropriate health decisions (Ratzan and Parker, 2000).

read & write
speak & listen
understand numbers

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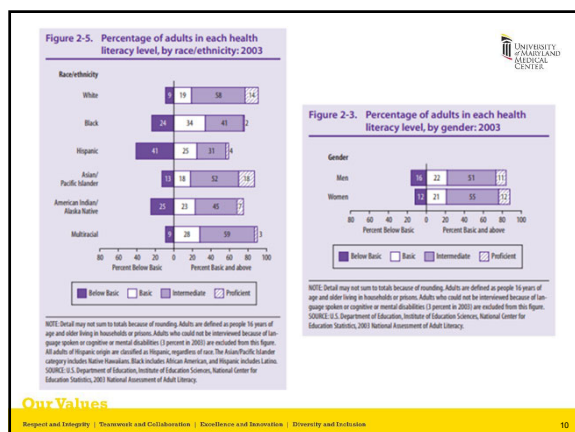
Figure 1-1. Difficulty of selected health literacy tasks

Task	Difficulty Level (1-10)
1. Find the date of a medical appointment on a hospital appointment slip.	1
2. Identify what is a common medical condition based on a short description.	2
3. Identify how often a person should have a specific medical test based on information in a clearly written pamphlet.	3
4. Explain why it is difficult for people to know if they have a specific chronic medical condition based on information in a one-page article about the condition.	4
5. Give two reasons a person with no symptoms of a specific disease should be tested for the disease based on information in a clearly written pamphlet.	5
6. Explain how a person can use a prescription medication based on information on the prescription drug label that states the timing of each dose to take.	6
7. Explain how a person can use a prescription medication based on information on the prescription drug label that states the timing of each dose to take.	7
8. Find the age range during which children should receive particular vaccine, stating a fact that shows the likelihood of vaccine and the age children should receive them.	8
9. Determine a family weight range for a person of a specified height based on a graph that states height and weight to body mass index (BMI).	9
10. Explain an employer's short of health insurance needs for some entry-level jobs that shows how the employer's monthly net wages differ from gross and family size.	10

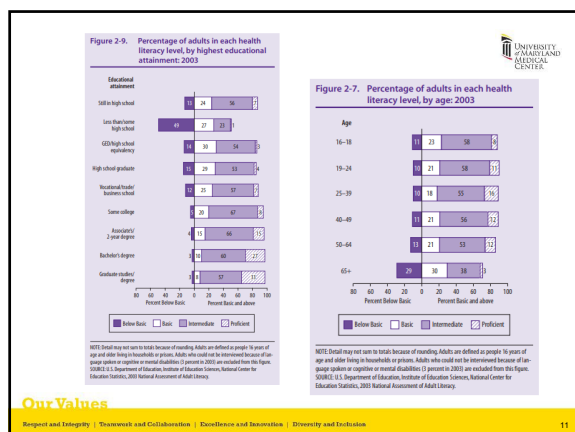
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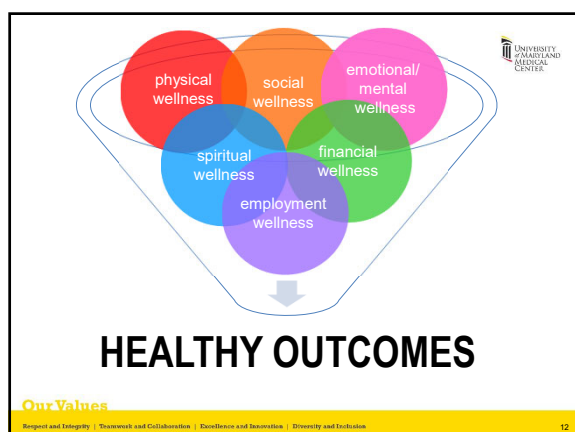
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**“It’s hard to find your voice
when no one is speaking
your language”**



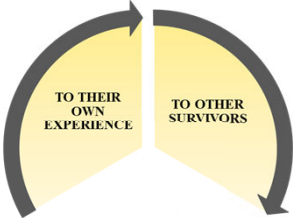
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13

13



Health Recovery Continuum

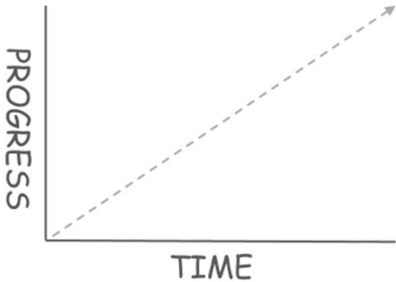


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14

14

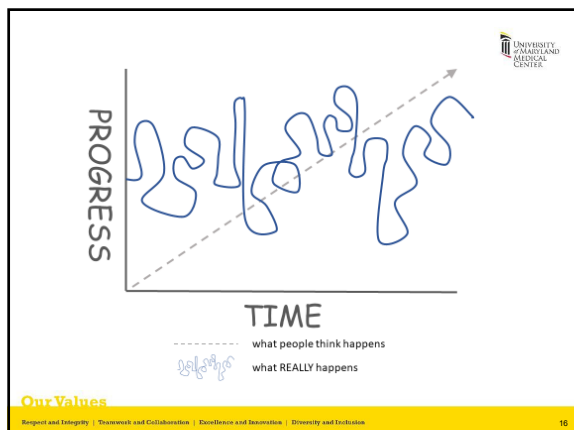




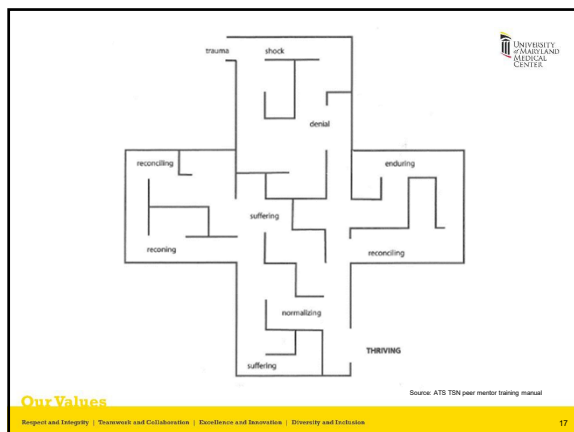
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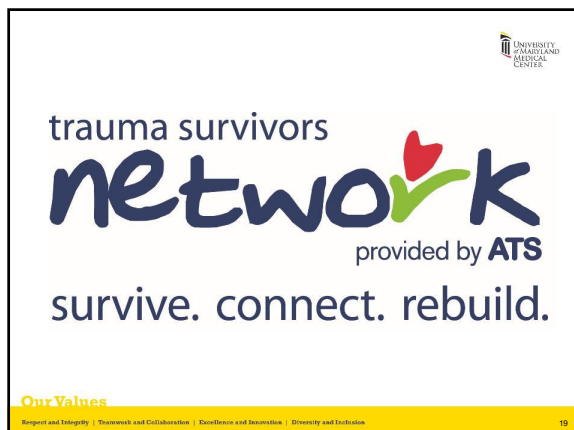
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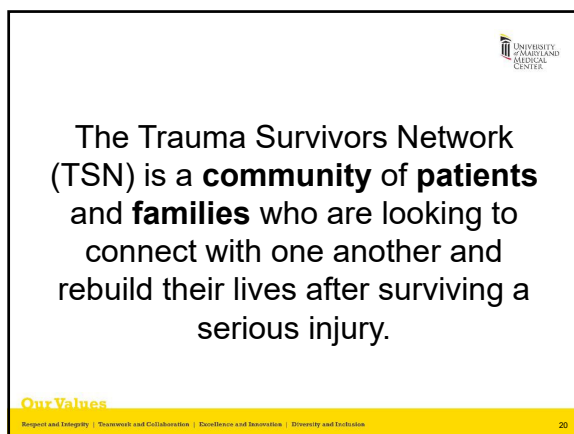
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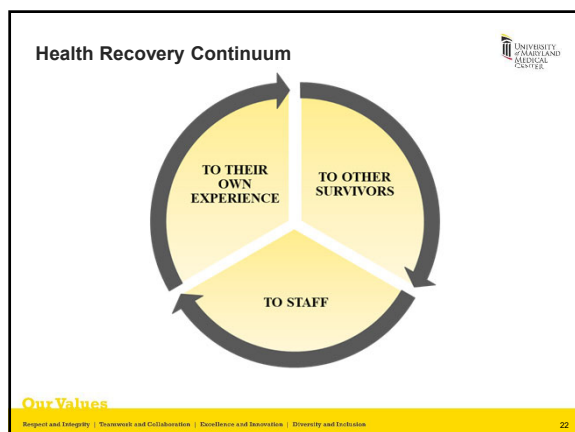
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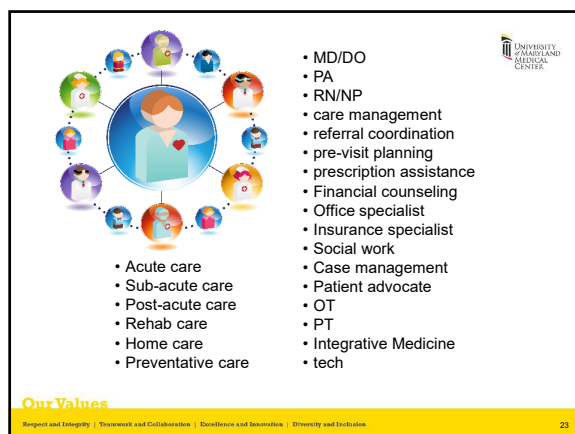


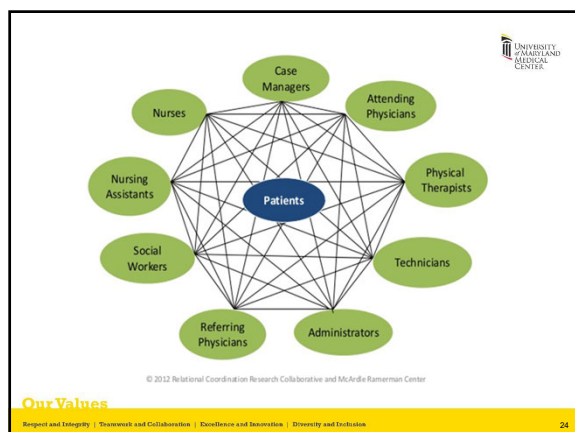
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21









GREAT THINGS ARE
DONE BY A SERIES OF
SMALL THINGS
BROUGHT TOGETHER.
Vincent Van Gogh

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Scott's Learning Objectives

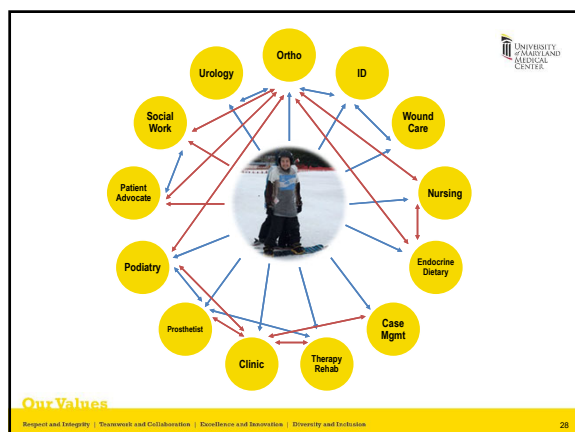


- Learn something
- Ask questions
- Have fun (it's okay to laugh at my amputee jokes)

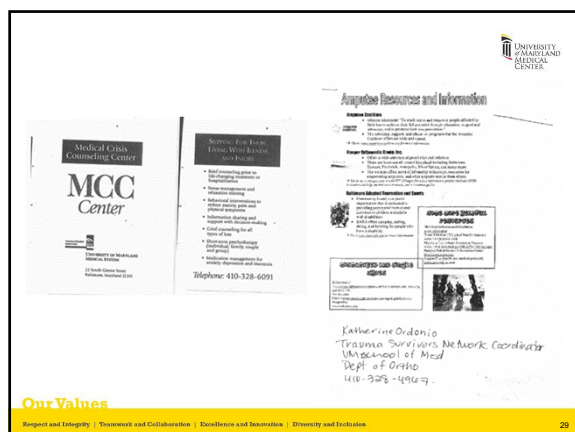



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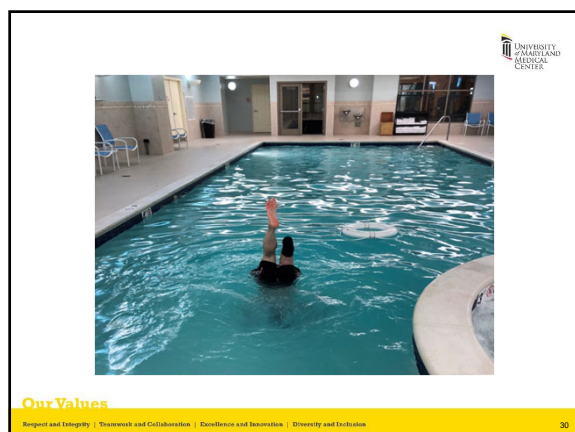
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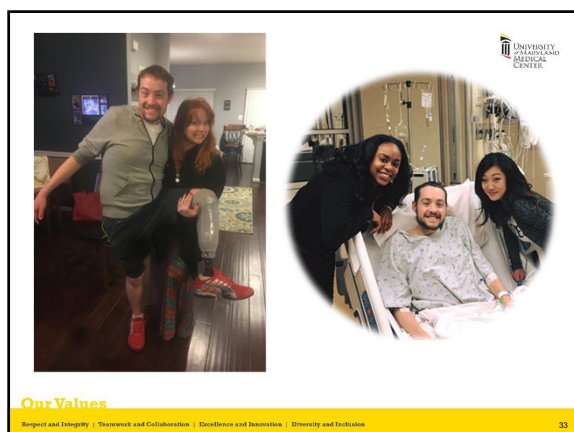
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34

Fran's Learning Objectives

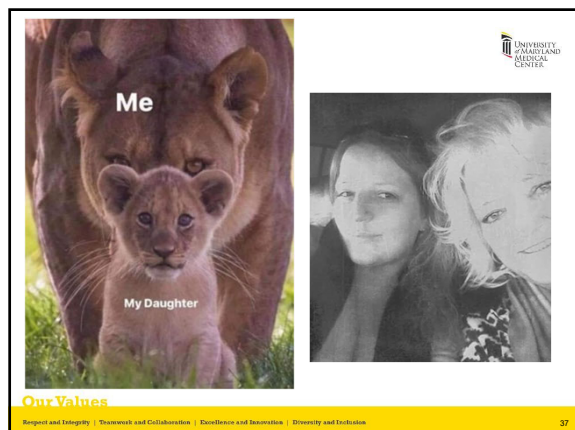
- Identify real-life examples of empathy & sympathy, and understand the appropriateness and role of each
- Appreciate the benefits of bi-directional, clear language communication
- Identify beneficial v. non-beneficial behaviors intended to support clients

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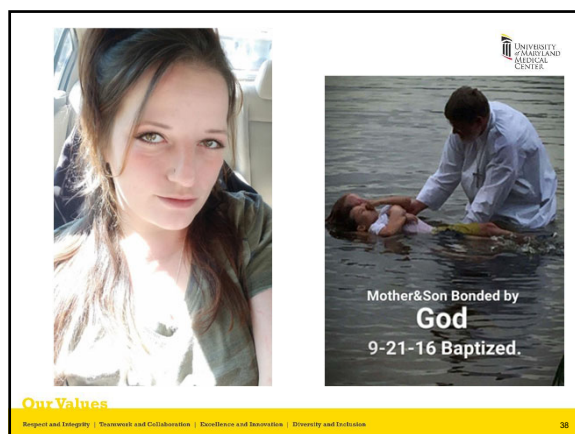
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39
